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Artistic Individuals



If this pictogram appears, please
click on the video image.



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1.1 Aesthetic perfection

1.2 Artistic mastery

1.3 Not concerned with difficulty

1.4 Must know :

- Possible
- Reasonable
- Exception
- Special





Artistic Faults



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Artistic Faults	Penalty									
Guiding idea : Character	0.10		0.30		0.50		0.70			
Connections	0.10	0.20	0.30	0.40	0.50	0.60	0.70	0.80	0.90	1.00
Lack of contact with the apparatus in the beginning and the end (composition fault)			0.30							
Unjustified start position			0.30							
Rhythm	0.10	0.20	0.30	0.40	0.50	0.60	0.70	0.80	0.90	1.00
Absence of harmony between music-movement at the end of the exercise. A musical introduction longer than 4 seconds without movement		0.30			0.50					
Dynamic changes		0.30								
Body Expression	0.10		0.30							
Missing 2 partial/full waves		0.20								
Variety : directions and trajectories		0.20								
One place for a long time		0.20								
Entire floor area not used		0.20								
Variety : levels, modalities		0.20								
Variety : apparatus elements		0.20	0.30			0.60			0.90	1.20
Fundamental apparatus element			1 missing			2 missing			3 missing	4 missing



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STYLE OF THE MUSIC MATTERS INFORMS THE CHARACTER/IDEA OF THE MOVEMENTS





IDEA : 4.1.1



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The composition should not be a series of Body Difficulties or apparatus elements without connection to the character of the music





WHERE is character ?



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- **Dance Step Combinations**
- **Between Elements**
 - ▶ **ARM MOVEMENTS** (under throws, catches, rotations, etc)
 - ▶ **BODY WAVES**
 - ▶ **STYLIZED CONNECTING STEPS OR MOVEMENTS**
 - ▶ **APPARATUS CONNECTIONS EMPHASIZING RHYTHM AND THEME OF MUSIC**
 - ▶ **CHANGES OF LEVEL**





IDEA : Character



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0.10	0.30	0.50	0.70
<p>A defined character is present between or during the <u>majority (but not all) of the connecting elements/movements</u> and Dance Steps</p>	<p>A defined character or style is not fully developed in the Dance Steps; they are mainly walking, running or skipping to the accents without regard to the specific musical style.</p> <p>A defined character is present between or during <u>some of the connecting elements and movements</u></p>	<p>There is no defined character of movement between the Difficulties, which are presented as only a series of Difficulties without a style of movement connected to the music.</p> <p><u>A defined character is only present during the Dance Steps Combination</u></p>	<p><u>The Dance Steps and connecting movements have no defined character</u></p>



IDEA: PRACTICE 1

-0.50





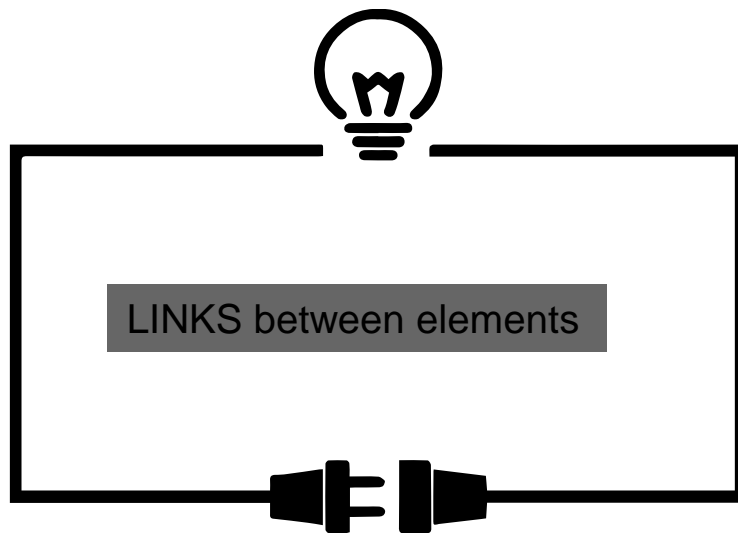
IDEA : PRACTICE 2

-0.10





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Composition developed by
Technical, AESTHETIC,
and connecting elements

One movement passes
logically and smoothly into
the next

Use of different levels and
directions of body and
apparatus should be
linked with CLEAR
PURPOSE

Connections

0.10

0.20

0.30

0.40

0.50

0.60

0.70

0.80

0.90

1.00



One movement passes logically and smoothly into the next





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Transitions between movements which are illogical or abrupt, including changes in directions or levels between Difficulties.

Prolonged preparatory movements (ie, walking preparation steps which do not support the idea or character).

Unnecessary stops between movements which are not related to the rhythm or character.



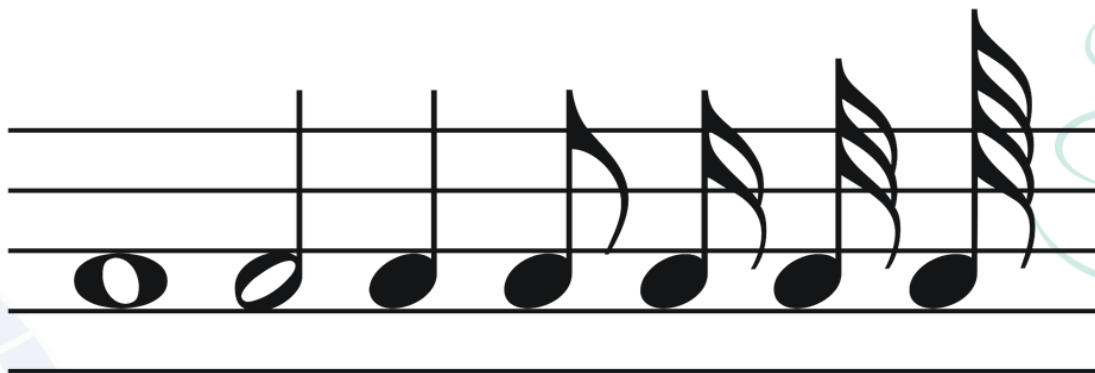
Abrupt/illogical change in directions between difficulties (-0.10)





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RHYTHM : ACCENTS





Precise correlation between music and movement





Imprecise correlation between music and movement in moments of the exercise: where does the gymnast lose correlation between her movement and the musical accents?





Remember !

Individuals and Groups



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0.30

**A musical introduction longer
than 4 seconds without
movement**

**For lack of contact with the
apparatus in the beginning and
end (composition fault)**

Unjustified start position

0.50

**Absence of harmony between
music-movement at the end of the
exercise**



Dynamic Change (penalty lack :0.30)



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DYNAMIC CHANGE IN MUSIC?

**VOLUME, TEMPO AND/OR
STYLE**

DYNAMIC CHANGE IN MOVEMENT?

**SPEED, INTENSITY,
STYLE**



Is there a change in speed, intensity or style of movement?





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BODY EXPRESSION





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4.3: Ample participation of the body segments (head, shoulders, trunk, hands, arms, legs, **including the face**) which:

- **supple, plastic movements which convey character**





Communicate feeling or a response to the music with facial expression



Emphasize the accents



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Create subtlety and finesse through body movements of different segments



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c) The absence of the aspects of Body Expression described in “b” (above) are penalized as insufficient participation of the body segments, including the face



0.10

Isolated moments
where not all
segments
participate

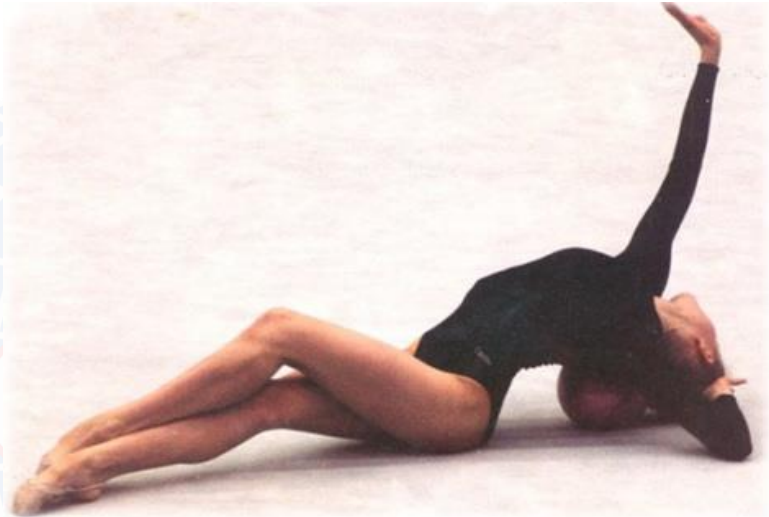


0.30

Segmentary, rigid
movements in the
entire exercise



A minimum of 2 different body waves, partial (arms or half body) or full body waves should be part of the composition to increase the expressivity and create elegant movements.



*all segments involved in the wave should participate sequentially to be valid



PARTIAL WAVES





PARTIAL WAVES





FULL WAVE





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Absence of harmony between music-movement at the end of the exercise. A musical introduction longer than 4 seconds without movement		0.30			0.50					
Dynamic changes		0.30		One of these Body Expression penalties is possible (also possible 0.00) The penalty for missing waves is separate from the Body Expression penalty						
Body Expression	0.10		0.30							
Missing 2 partial/full waves		0.20								
Variety : directions and trajectories		0.20								
One place for a long time		0.20								
Entire floor area not used		0.20								
Variety : levels, modalities		0.20								
Variety : apparatus elements		0.20	0.30			0.60			0.90	1.20
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VARIETY





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Directions and Trajectories





Directions

Insufficient variety in the use of
directions and trajectories **0.20**

Directions: forward, backward, etc

Trajectories: the path followed by a
moving object (arcs, etc)



Individual and Group



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Directions

Entire floor area is not used **0.20**





Directions

Movements performed in one place
on the floor area for a long time **0.20**





Levels and modalities

0.20

Levels: flight, standing, on the floor

Modalities: HOW she travels:
stepping, running, skipping, hopping,
etc.





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**Apparatus
elements**

0.20

On various planes in different
directions on different parts of the
body





Individual ONLY

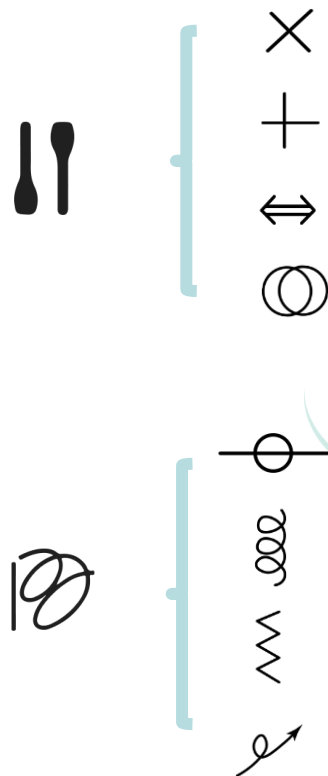


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**Fundamental
Apparatus
elements**

0.30 each





3.3.3 note: From medium or high throw (not small throw or thrust +NL1, #4)