



Organized by:

The Gymnastics Association of Hong Kong, China

Subvented By:

Leisure and Cultural Services Department

## The Gymnastics Association of Hong Kong, China

### Hong Kong Artistic Gymnastics International Invitational Championships 2015-16 (Chiu Wai Chung Cup)

| Organizer:                 | The Gymnastics Association of Hong Kong, China<br>Room 1002, Olympic House, 1 Stadium Path,<br>So Kon Po, Causeway Bay, Hong Kong<br>Tel: (852) 2504 8233 Fax: (852) 2882 8590<br>Contact person: Mr. Albert NG<br>Website : <a href="http://www.gahk.org.hk">www.gahk.org.hk</a><br>E-mail: <a href="mailto:mail@gahk.org.hk">mail@gahk.org.hk</a> |   |
|----------------------------|---|---|
| Date:                      | 10 <sup>th</sup> – 15 <sup>th</sup> December, 2015  |   |
| Venue:                     | Ma On Shan Sports Centre(MOSSC)<br>14 On Chun Street, Ma On Shan, Shatin  |   |
| Apparatus:                 | Janssen-Fritsen   |   |
| Schedule<br>(Provisional): | Date  | Particulars   |
|                            | 10 December 2015<br>(Thursday)  | Arrival of Delegations  |
|                            | 11 December 2015<br>(Friday)  | Training<br>Orientation meeting<br>Judges' meeting                |
|                            | 12 December 2015<br>(Saturday)  | Official Training<br>Qualification MAG & WAG                      |
|                            | 13 December 2015<br>(Sunday)  | Official Training<br>Apparatus Finals MAG & WAG<br>Farewell Party |
|                            | 14 December 2015<br>(Monday)  | Sight-seeing  |
|                            | 15 December 2015<br>(Tuesday)   | Departure   |

| Competition Format:      | <b><u>Qualifications &amp; Individual All-Around (CI &amp; II)</u></b>  |        |   |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
|--------------------------|---|--------|---|----------|-----|-----|-------|--------------------|---|--|---|--------------|---|---|---|-------|---|---|---|-------|---|---|---|--------------------------|---|---|---|-------------------|---|---|----|-------------------|---|---|----|--|--|--------|-----------|
|                          | <ul style="list-style-type: none"> <li>● The competition will consist of the Senior and Junior Men's and Women's Qualifications(CI), Individual All-Around (CII), and Apparatus Finals (CIII).</li> <li>● The competitions will take place according to FIG Code of Points 2013~2016.</li> <li>● The total scores of gymnasts who perform on all the apparatus in CI (6 apparatus for Men and 4 apparatus for Women) will determine the top 3 winners of Individual All-Around (3 Senior and 3 Junior), which are limited to 2 gymnasts per country.</li> </ul>   |        |   |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Awards:                  | <b><u>Apparatus Finals (C III)</u></b>  |        |   |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
|                          | <ul style="list-style-type: none"> <li>● For each apparatus, the top 8 gymnasts in CI (8 Senior and 8 Junior) will be qualified to CIII, which are limited to 2 gymnasts per country.</li> <li>● To qualify for the vault final two vaults are necessary in CI.</li> <li>● 1 wild card will be used if no host country gymnast is qualified to the Finals in each apparatus.</li> </ul>   |        |   |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Delegation:              | <table> <tr> <th>Capacity</th><th>MAG</th><th>WAG</th><th>Total</th></tr> <tr> <td>Head of Delegation</td><td colspan="2">1</td><td>1</td></tr> <tr> <td>Team Manager</td><td>1</td><td>1</td><td>2</td></tr> <tr> <td>Coach</td><td>2</td><td>2</td><td>4</td></tr> <tr> <td>Judge</td><td>3</td><td>3</td><td>6</td></tr> <tr> <td>Doctor / Physiotherapist</td><td>1</td><td>1</td><td>2</td></tr> <tr> <td>Gymnasts (Senior)</td><td>6</td><td>6</td><td>12</td></tr> <tr> <td>Gymnasts (Junior)</td><td>6</td><td>6</td><td>12</td></tr> <tr> <td colspan="2"></td><td>Total:</td><td><b>39</b></td></tr> </table> |        |   | Capacity | MAG | WAG | Total | Head of Delegation | 1 |  | 1 | Team Manager | 1 | 1 | 2 | Coach | 2 | 2 | 4 | Judge | 3 | 3 | 6 | Doctor / Physiotherapist | 1 | 1 | 2 | Gymnasts (Senior) | 6 | 6 | 12 | Gymnasts (Junior) | 6 | 6 | 12 |  |  | Total: | <b>39</b> |
| Capacity                 | MAG   | WAG    | Total                                   |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Head of Delegation       | 1   |        | 1                                       |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Team Manager             | 1   | 1      | 2                                       |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Coach                    | 2   | 2      | 4                                       |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Judge                    | 3   | 3      | 6                                       |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Doctor / Physiotherapist | 1   | 1      | 2                                       |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Gymnasts (Senior)        | 6   | 6      | 12                                      |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Gymnasts (Junior)        | 6   | 6      | 12                                      |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
|                          |   | Total: | <b>39</b>                               |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Age:                     | MAG   | Senior | 18 or above (born on or before 1997)    |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
|                          |   | Junior | 14~17 years (born between 1998 to 2001) |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
|                          | WAG   | Senior | 16 or above (born on or before 1999)    |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
|                          |   | Junior | 13~15 years (born between 2000 to 2002) |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |
| Judges:                  | Each Federation may send 3 MAG and 3 WAG judges. All judges should be a FIG 13 <sup>th</sup> Cycle International Judges Brevet or judge's holder.   |        |   |          |     |     |       |                    |   |  |   |              |   |   |   |       |   |   |   |       |   |   |   |                          |   |   |   |                   |   |   |    |                   |   |   |    |  |  |        |           |

Accommodation  
and Meals:

There are 2 accommodation options:

**A. Regal Riverside Hotel**

Address: 34-36 Tai Chung Kiu Road, Shatin, Hong Kong

Tel: (852) 2649 7878

Website:

<http://www.regalhotel.com/Regal-Riverside-Hotel/Main/Hotel-Home.aspx>

- USD420 for standard double/triple room per person (breakfast included)
- USD470 for single room per person (breakfast included)
- USD620 per person will be charged for additional persons.
- Expenses included in this fee :
  - Accommodation (breakfast only)
  - Transportation from the airport to the hotel and back
  - Transportation from the hotel to the competition hall and back
  - Breakfast and Farewell Party on Sunday, 13<sup>th</sup> December 2015
  - One-day local tour on 14<sup>th</sup> December 2015
- Check-In Time: 2 pm, Check-Out Time: 12 noon



**B. Wu Kai Sha Youth Village**

Address: 2 On Chun Street, Ma On Shan, Shatin, N.T.

Tel: (852) 2642 9420

Website: <http://www.ymca.org.hk/eng/index.php?c=88&t=1>

- USD1,700 for 6-person dormitory
- Expenses included in this fee :
  - Accommodation (breakfast only)
  - Transportation from the airport to the youth village and back
  - Breakfast and Farewell Party on Sunday, 13<sup>th</sup> December 2015
  - One-day local tour on 14<sup>th</sup> December 2015
- Check-In Time: 4 pm, Check-Out Time: 1:30 pm



|                           |  |                 |
|---------------------------|--|-----------------|
| Payment Methods:          | <p>Deposit: 50% of the total amount has to be credited to The Gymnastics Association of Hong Kong, China <b><u>on or before 19 October 2015</u></b></p> <p>Payment must be made by telegraphic transfer (in US dollars) to the bank account shown below:</p> <ul style="list-style-type: none"> <li>✧ Name of Bank : The Hong Kong and Shanghai Banking Corporation Limited (HSBC)</li> <li>✧ Branch: Causeway Bay</li> <li>✧ Address: 1/F, Causeway Bay Plaza 2, 463-483 Lockhart Road, Causeway Bay, Hong Kong</li> <li>✧ Account Number: 047-670799-838</li> <li>✧ Beneficiary: The Gymnastics Association of Hong Kong, China</li> </ul> <p>All expenses of the delegations are to be borne by the participating federations</p> |                 |
| Local Transportation:     | <p>Upon request, the delegations will be picked-up at the Hong Kong International Airport, or at the Hung Hom Railway Station (free). No other transfer will be organised by the Organizing Committee.</p> <p>Also, free transportation between hotel and the gymnasium will be provided by the Organizing Committee. (Wu Kai Sha Youth Village is 10 mins walk away from the gymnasium, no transportation will be provided)</p>   |                 |
| Time Frame and Deadlines: | Provisional Registration   | 2 October 2015  |
|                           | Deposit (50% of total amount)  | 19 October 2015 |
|                           | Documents for Visa Application   | 19 October 2015 |
|                           | Accommodation Form   | 19 October 2015 |
|                           | Definitive Registration  | 19 October 2015 |
|                           | Final Payment  | 30 October 2015 |
|                           | Travel Details Submission  | 9 November 2015 |
| Insurance:                | <p>The host federation and the organizing committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>Each member of the federations needs to have a valid health and accident insurance.</p>  |                 |
| Visa:                     | <p>The GAHK will issue invitation letter for all participants of delegation. Please complete the form and send to us on or before <b><u>19 October 2015</u></b>.</p>   |                 |
| Enquiries:                | <p>Mr. Albert NG</p> <p>Telephone: (852) 2504 8233 / Fax: (852) 2882 8590</p> <p>E-mail: <a href="mailto:mail@gahk.org.hk">mail@gahk.org.hk</a> or <a href="mailto:albertng@gahk.org.hk">albertng@gahk.org.hk</a></p>  |                 |

**Date: 7 September 2015**



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Subvented By:

Leisure and Cultural Services Department

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Room 1002, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

TEL : (852) 2504 8233

FAX : (852) 2882 8590

E-MAIL: mail@gahk.org.hk

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### Hong Kong Artistic Gymnastics International Invitational Championships 2015-16 10th – 15th December, 2015

Federation : \_\_\_\_\_ E-mail: \_\_\_\_\_

Contact : \_\_\_\_\_ Fax : \_\_\_\_\_

#### Provisional Registration Form

**(Please submit on or before 2 October 2015)**

|                          | Number of participants |
|--------------------------|------------------------|
| Head of Delegation       |                        |
| Team Manager             |                        |
| MAG Gymnast (Senior)     |                        |
| MAG Gymnast (Junior)     |                        |
| WAG Gymnast (Senior)     |                        |
| WAG Gymnast (Junior)     |                        |
| MAG Coach                |                        |
| WAG Coach                |                        |
| Judge MAG                |                        |
| Judge WAG                |                        |
| Doctor / Physiotherapist |                        |
| Others                   |                        |
| <b>Total :</b>           |                        |

Name of MAG Judge : \_\_\_\_\_

Name of WAG Judge : \_\_\_\_\_

Date : \_\_\_\_\_ Signature & Stamp : \_\_\_\_\_



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### Hong Kong Artistic Gymnastics International Invitational Championships 2015-16

10th – 15th December, 2015

Federation : \_\_\_\_\_

E-mail: \_\_\_\_\_

Contact : \_\_\_\_\_

Fax : \_\_\_\_\_

#### Definitive Registration Form

(Please submit on or before 19 October 2015, with “Word document”)

|    | Function                | Surname | Given Name | Sex   | DOB(DD/MM/YYYY) |
|----|-------------------------|---------|------------|-------|-----------------|
| 1  | Head of Delegation      |         |            | M / F | / /             |
| 2  | Team Manager            |         |            | M / F | / /             |
| 3  | Coach (MAG / WAG)       |         |            | M / F | / /             |
| 4  | Coach (MAG / WAG)       |         |            | M / F | / /             |
| 5  | Judge MAG 1             |         |            | M / F | / /             |
| 6  | Judge MAG 2             |         |            | M / F | / /             |
| 7  | Judge MAG 3             |         |            | M / F | / /             |
| 8  | Judge WAG 1             |         |            | M / F | / /             |
| 9  | Judge WAG 2             |         |            | M / F | / /             |
| 10 | Judge WAG 3             |         |            | M / F | / /             |
| 11 | Doctor /Physiotherapist |         |            | M / F | / /             |
| 12 | Gymnast (Senior)        |         |            | M / F | / /             |
| 13 | Gymnast (Senior)        |         |            | M / F | / /             |
| 14 | Gymnast (Senior)        |         |            | M / F | / /             |
| 15 | Gymnast (Senior)        |         |            | M / F | / /             |
| 16 | Gymnast (Senior)        |         |            | M / F | / /             |
| 17 | Gymnast (Senior)        |         |            | M / F | / /             |
| 18 | Gymnast (Junior)        |         |            | M / F | / /             |
| 19 | Gymnast (Junior)        |         |            | M / F | / /             |
| 20 | Gymnast (Junior)        |         |            | M / F | / /             |
| 21 | Gymnast (Junior)        |         |            | M / F | / /             |
| 22 | Gymnast (Junior)        |         |            | M / F | / /             |
| 23 | Gymnast (Junior)        |         |            | M / F | / /             |
| 24 | Others (Please specify) |         |            | M / F | / /             |

(Please supplement with separate sheet/s if necessary)

Date : \_\_\_\_\_

Signature & Stamp : \_\_\_\_\_



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### Hong Kong Artistic Gymnastics International Invitational Championships 2015-16

10th – 15th December, 2015

Federation : \_\_\_\_\_

E-mail: \_\_\_\_\_

Contact : \_\_\_\_\_

Fax : \_\_\_\_\_

#### Visa Requests Form

**(Please submit on or before 19 October 2015, with “Word document”)**

| Surname | Given Name | Sex | Date of Birth | Nationality | Passport Number | Function |
|---------|------------|-----|---------------|-------------|-----------------|----------|
| 1.      |            |     |               |             |                 |          |
| 2.      |            |     |               |             |                 |          |
| 3.      |            |     |               |             |                 |          |
| 4.      |            |     |               |             |                 |          |
| 5.      |            |     |               |             |                 |          |
| 6.      |            |     |               |             |                 |          |
| 7.      |            |     |               |             |                 |          |
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| 13.     |            |     |               |             |                 |          |
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| 15.     |            |     |               |             |                 |          |
| 16.     |            |     |               |             |                 |          |
| 17.     |            |     |               |             |                 |          |
| 18.     |            |     |               |             |                 |          |
| 19.     |            |     |               |             |                 |          |
| 20.     |            |     |               |             |                 |          |

*(Please supplement with separate sheet/s if necessary)*

Date : \_\_\_\_\_

Signature & Stamp : \_\_\_\_\_



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### Hong Kong Artistic Gymnastics International Invitational Championships 2015-16

10th – 15th December, 2015

Federation : \_\_\_\_\_

E-mail: \_\_\_\_\_

Contact : \_\_\_\_\_

Fax : \_\_\_\_\_

#### Accommodation Form (Regal Riverside Hotel)

**(Please submit on or before 19 October 2015, with “Word document”)**

| ROOM TYPE<br>(SINGLE/DOUBLE/TRIPLE),<br>FOR 1/2/3/4/5/6 TO BE SHARED WITH (IF APPLICABLE) | FULL NAME | CAPACITY | PRICE PER<br>PERSON (USD) | TOTAL<br>PRICE<br>(USD) |
|---|-----------|----------|---------------------------|-------------------------|
|   |           |          |                           |                         |
|   |           |          |                           |                         |
|   |           |          |                           |                         |
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|   |           |          |                           |                         |
|   |           |          |                           |                         |
|   |           |          |                           |                         |
|   |           |          |                           |                         |

*(Please supplement with separate sheet/s if necessary)*

Date : \_\_\_\_\_

Signature & Stamp : \_\_\_\_\_





Subvented By:

Leisure and Cultural Services Department

**E-MAIL: [mail@gahk.org.hk](mailto:mail@gahk.org.hk)**

Fax : \_\_\_\_\_

*(Please supplement with separate sheet/s if necessary)*

Signature & Stamp : \_\_\_\_\_



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10th – 15th December, 2015

Federation : \_\_\_\_\_ E-mail: \_\_\_\_\_

Contact : \_\_\_\_\_ Fax : \_\_\_\_\_

#### Travel Details

(Please submit on or before 9 November 2015)

#### Arrival

| DATE | ARRIVAL TIME | FIGHT / TRAIN NO. | ORIGIN | No. OF<br>PERSON | No. OF<br>LUGGAGE |
|------|--------------|-------------------|--------|------------------|-------------------|
|      |              |                   |        |                  |                   |

#### Departure

| DATE | DEPARTURE TIME | FIGHT / TRAIN NO. | DESTINATION | No. OF<br>PERSON | No. OF<br>LUGGAGE |
|------|----------------|-------------------|-------------|------------------|-------------------|
|      |                |                   |             |                  |                   |

Date : \_\_\_\_\_ Signature & Stamp : \_\_\_\_\_